

Safety Officer Checklist – Covid-19

13/5/2020

A designated club safety officer/s is to be present during all scheduled training sessions to monitor and manage the below safety checklist.

- The safety officer does not need to be the same person every session.
 - The safety officer can be a rower.
 - If a rower is training by themselves, they should be aware and willing to undertake the role of the safety officer.
- Ensure no more than a total of 10 individuals, in addition to a coach/manager per clubhouse are participating at any one time.
- Rowing should be limited only to single sculls.
- Do not allow individuals to train if they are unwell or display [COVID-19 symptoms](#).
- Ensure sanitization products are available for members.
- Ensure all shared equipment is thoroughly washed with soap/sanitized after use. Clubs to ensure sanitization products are available for members.
- All indoor training facilities including gyms are to remain closed. Kitchen facilities should also remain closed. Limit all nonessential access to clubhouses.
- Access to toilets, changerooms and communal areas should be limited and only used when necessary.
- All members must continue to sign in and out of their club logbook when training.
- Ensure all individuals are adhering to social distancing guidelines.
- Minimising all unnecessary contact with others
 - Keeping 1.5 metres apart and a minimum of 4 square metres per person in any setting
 - Avoiding physical greetings such as handshakes, hugs and kisses
- [For more information visit Australian Government advice for social distancing.](#)

Potential Risk Areas	Mitigation
Facility Access	<ul style="list-style-type: none"> • Safety officer/designated individual to open and lock the sheds for coached sessions. • Door to be wiped down with alcohol wipes immediately after use.
Taps and hoses	<ul style="list-style-type: none"> • Safety officer/designated individual to operate hoses and be the only ones to touch taps, hoses etc. • Taps and hose heads to be wiped down after use. • Hands to be washed after cleaning equipment.
Toilets and Change rooms	<ul style="list-style-type: none"> • Use only when necessary. • Dress for training before arriving to the clubhouse where possible.
Boats and oars	<ul style="list-style-type: none"> • Athletes to clean their own boat and oars with soapy water while the Safety officer/designated individual operates the hose, minimising cross contamination. • When entering the boathouse to collect equipment, monitor and limit entry to avoid all 10 participants being inside at the same time.